



Armstrong-Rebel Wrestling Invitational

December 29 -30, 2009

Location: James F. Byrnes High School
150 East Main Street
Duncan, SC 29334

Teams: Boiling Springs, Byrnes, Chesnee, Christ Church, Dorman, JL Mann, West Oak, Spartanburg, Mauldin, Riverside, Seneca, Easley, West Oak, Woodmont; *From NC:* North Buncombe ; *From Georgia:* Windsor Academy. Others may be added.

Schedule:

Saturday, December 26, 2009: Deadline for line-ups and seeding information. These need to be faxed to 864-949-2342 **AND** emailed to: russ.howard@spart5.net and apolly@anatornamentalservices.com.

Tuesday, December 29, 2009:

8:00 AM Gym Opens
9:00 AM Weigh-ins in the wrestling room
10:30 AM Coaches meeting – Hospitality Room
11:00 AM 1st round begins on 6 mats

Wednesday, December 30, 2009:

8:00 AM Gym Opens
9:00 AM Weigh-ins in the wrestling room
10:00 AM Coaches meeting – Hospitality Room
10:30 AM Wrestling begins

We will run continuous with very few if any breaks. Finals will be run between 3 and 4 PM on Tuesday if all goes as planned. Any adjustments with times will be made when necessary.

Admission: \$5.00 per day

Team Fee: \$125 per team

Awards: Medals will be given to the top 5 placers in each weight class. Most Outstanding Wrestler awards will be give for upper and lower weight classes and awards for the First and Second placed teams.

Locker Rooms: A locker room is provided with showers. Wrestlers should not leave valuables in dressing area or wrestling room. Please remind wrestlers to take care of our facilities and leave them undamaged and clean. Vandals will be prosecuted, ejected from the tournament and the school will be billed for damages.

Seeding: We will be seeding the top 8 wrestlers in each class. Seeding will be by the following criteria;

1. Last years placement in this tournament.
2. Last years state placement.
3. Placements in other tournaments this year.
4. Record % for this season. (Wins/(wins+losses)=%%)
5. Record for last season.

Entries: Fax and email the enclosed entry form to russ.howard@spart5.net and apolly@anatornamentsservices.com at Byrnes High School at 864-949-2342 on or before Friday, December 26. This will be a pre-seeded tournament. No substitutions, no exceptions once we have received the fax. Wrestlers not making weight or not showing up are out of the tournament.... Weight class will be reseeded, meaning if a 3 seed does not show up the 4th seed becomes a 3, the 5th becomes a 4, etc., etc. You cannot replace scratched wrestlers with other wrestlers. Make sure that your fax is written dark and legibly. Please include all usable information. Take your time doing it so that it is clear and well written.

Hotels: Days Inn, 864-433-1122
Quality Inn, 864-433-1333
Mention you are in town for the Armstrong Rebel Wrestling Tournament

Contact Information for

russ.howard@spart5.net

Cell: 864-444-7673

Byrnes Athletics: 864-949-2360

Athletics Fax: 864-949-2342



2009 ARMSTRONG-REBEL WRESTLING INVITATIONAL

Due: Saturday, December 26th

Entry form must to be faxed to 864-949-2342 **AND** emailed to: russ.howard@spart5.net and apolly@anatornamentsservices.com.

Weight Class	Wrestler Name	2008 Rebel Place Finish	2008 State Place	2008 Other Tournament Place Winner	2009 Record	2008 Record
103						
112						
119						
125						
130						
135						
140						
145						
152						
160						
171						
189						
215						
285						



Armstrong-Rebel Wrestling Invitational

December 29 - 30, 2008
Schedule of Events
(Schedule Subject to Change)

Tuesday, December 29, 2008:

<i>9:00AM-10:00AM</i>	Weigh-in's in the Wrestling Room	
<i>10:30AM</i>	Coaches Meeting - Hospitality Room	
<i>11:00AM-12:30PM</i>	1 st Round of wrestling (Round of 32)	<i>6 Mats</i>
<i>12:30PM-2:00PM</i>	2 nd Round of Wrestling (Round of 16 & 1 st Round of Consy's)	<i>6 Mats</i>
<i>2:00PM-3:30PM</i>	3 rd Round of Wrestling (2 nd Round of Consy's)	<i>6 Mats</i>
<i>3:30PM-4:30PM</i>	4 th Round of Wrestling (Quarter-Finals)	<i>6 Mats</i>
<i>4:30PM-5:30PM</i>	5 th Round of Wrestling (3 rd Round of Consy's)	<i>6 Mats</i>
<i>5:30PM-6:30PM</i>	6 th Round of Wrestling (Consy Quarters) {Tentative}	<i>6 Mats</i>

Wednesday, December 30, 2008

<i>8:00AM</i>	Gym Opens	
<i>9:00AM-9:45AM</i>	Weigh-in's in Wrestling Room	
<i>9:45AM-10:15AM</i>	Warm Ups for 7 th Round of Wrestling	
<i>10:00AM</i>	Coaches Meeting – Hospitality Room	
<i>10:30AM-12:15PM</i>	7 th Round of Wrestling (Semi-Finals & Consy Pre-Semis)	<i>4 Mats</i>
<i>12:15PM- 1:15 PM</i>	8 th Round of Wrestling (Consy Semi-Finals)	<i>4 Mats</i>
<i>1:30PM-2:00PM</i>	Parade of Champions	
<i>2:00PM-Conclusion</i>	Championships, 3 rd & 4 th , 5 th & 6 th , 7 th & 8 th	<i>4 Mats</i>